

LIFE INSURANCE

BENEFICIARY DESIGNATION FORM

Name of group (if applicable)	Policy/certification no.
Name of insured	Social security no.
Name of policyowner (if different)	Social security no.

If you reside in a state with Marital or Community Property Laws, spousal consent is required if your spouse is not listed as a Primary Beneficiary for at least 50%.

PRIMARY BENEFICIARY(IES): Person or persons who will receive the life insurance proceeds upon your death.

Name	Date of birth	Social security no.
Address	Relationship to insured	% to be paid to beneficiary
Name	Date of birth	Social security no.
Address	Relationship to insured	% to be paid to beneficiary
Name	Date of birth	Social security no.
Address	Relationship to insured	% to be paid to beneficiary

Total percentages should add up to 100%. If no percentages are indicated, the proceeds will be divided equally. If no Primary beneficiary survives, proceeds will be paid to the Contingent beneficiary(ies) listed below. Space is provided at the bottom of the page if you wish to name additional Primary or Contingent beneficiaries.

CONTINGENT BENEFICIARY(IES): Person or persons who will receive the life insurance proceeds if there is no surviving primary beneficiary.

Name	Date of birth	Social security no.
Address	Relationship to insured	% to be paid to beneficiary
Name	Date of birth	Social security no.
Address	Relationship to insured	% to be paid to beneficiary
Name	Date of birth	Social security no.
Address	Relationship to insured	% to be paid to beneficiary

Signature of insured or policyowner X	Date signed (MM/DD/YYYY)
Signature of spouse (if not designated as primary beneficiary and residence is in community property state) X	Date signed (MM/DD/YYYY)

LIFE INSURANCE BENEFICIARY DESIGNATION FORM

BENEFICIARY DESIGNATIONS

DEFINITIONS:

The purpose of designating beneficiaries for this policy is to instruct Amalgamated Life Insurance Company exactly how you wish the proceeds of your policy to be paid upon your death. Therefore, please take a moment to read the examples below:

PRIMARY BENEFICIARY:

Person or persons to receive the Life Insurance proceeds upon the death of the Insured. If multiple Primary Beneficiaries are listed, death benefits are divided equally among all the living Primary Beneficiaries, unless otherwise stated.

CONTINGENT BENEFICIARY:

Person or persons to receive the Life Insurance proceeds when the Primary Beneficiary(ies) dies before the Insured. If multiple Contingent Beneficiaries are listed, death benefits are divided equally among all the living Contingent Beneficiaries, unless otherwise stated.

EXAMPLES OF CORRECT BENEFICIARY DESIGNATIONS:

John and Jane Smith — Father and Mother
William E. Brown — Spouse

George Jones — Friend
Donald C. White, Jane E. Smith, and Richard E. Beck — Children

If you choose the estate or a trust as beneficiary, see the following example beneficiary designation: Insured's Estate: John Q. Smith — trustee under the Mary R. Smith Trust dated 01/02/2003.

Full given names of each beneficiary must be clearly stated.

NOTE: Insured/Policyowner acknowledges:

- I am solely responsible for completing and retaining my beneficiary designation form(s);
- No copy will be collected/retained by the insurance carrier, administrator or participating plan sponsor;
- I should provide copies to trusted individuals or advisors who may need access upon my death;
- Failure to maintain and produce a valid beneficiary designation form will result in benefits being paid according to default policy provisions or applicable law.

ADDITIONAL BENEFICIARY(IES)

PRIMARY

Name	Date of birth	Social security no.
Address	Relationship to insured	% to be paid to beneficiary
Name	Date of birth	Social security no.
Address	Relationship to insured	% to be paid to beneficiary
Name	Date of birth	Social security no.
Address	Relationship to insured	% to be paid to beneficiary

CONTINGENT

Name	Date of birth	Social security no.
Address	Relationship to insured	% to be paid to beneficiary
Name	Date of birth	Social security no.
Address	Relationship to insured	% to be paid to beneficiary